



**Welcome to the eleventh edition of the  
Centre Bounce**

A beautiful day – a shame about the wind! I started at our home ground Aranda where the U13's were playing. It was a very exciting match as we were out in front! This is the only time I will be non bi-partisan (maybe) and say “we was robbed!” A questionable “goal” to the Wildcats had us fired up!

I saw the U14's start with a 50 game milestone and a very committed team. They're

The Queen of the Canteen (Gemma) was again in fine form with homemade (she made 500!) sausage rolls and vegetable soup as a healthy alternative. Alyssa was so proud! (For those who don't know, Alyssa has been involved with healthy eating choices for sporting teams for a while now).



Then off to Holt to watch the U15's – wind started picking up (have I told you I HATE the wind!) where I had (sorry Gemma) an unhealthy donut but it was very yummy!

Girls AUSKICK:  
STARTS THIS SUNDAY 23/7/2023!!!!

Please register your girls ASAP. I've put 40 flyers up around the suburbs over the last week, so hopefully we get some more regos. I even recruited another as I was walking across to the U15's game with a dad kicking the ball with his daughter. You can register your girls 5 years to 12 years old via the link below.

<https://www.playhq.com/afl/register/836f7c>



PLAYHQ.COM/AFL/REGISTER/836F7C

ANY QUESTIONS, PLEASE CONTACT US  
football@belconnenmagpies.com.au



**GIRLS ONLY**  
**AUSKICK**



**STARTS**  
**SUNDAY AFTERNOONS**  
**FROM 23/7 THROUGH TO 24/9**  
**1:30PM - 2:30PM**

**Team Photos:**



Team Photos will be taken at The Nest (Belconnen Magpies home ground in Holt) on Monday, 7th August from 4pm. Families will receive an email directly from MT photos over the next couple of weeks with details of how to pay for your photos directly and the time that has been set aside for your team.

each child gets their photo taken individually.

### Speaking of photos....



Are there any budding amateur photographers out there? We would like you to use your skills in taking photos of the teams as they play, run through a banner or sing the team song after a win! As there are only 3 weeks left we would like you to bring your camera down to Aranda this weekend or any of the other games you player is in.

Please feel free to send me photos or good stories from the weekend games to include in this Newsletter.

Amanda Ongania – Vice President  
[vicepresident@belconnencatsafl.com.au](mailto:vicepresident@belconnencatsafl.com.au)

### AFL Fun Fact:

One of the most interesting facts is the wooden spoon award. The team that sits on the bottom of the ladder at the end of the season is “given” the wooden spoon but it does not have a physical form. Out of all the AFL teams, St Kilda has the most with 27 and Adelaide is the only team that has not received one.

## AROUND THE GROUNDS

Teams:

U10's -

Well, I was a little slow off the mark Saturday morning but our Under 10s team certainly wasn't!

Helped by a strong 4 goal breeze blowing across Arctic Park in Amaroo we hit the scoreboard early with majors to both Leo & Yattani. The enthusiasm and endeavour from our young Cats players was great to see. Even with a number of ball ups in the opposition forward line it was slim pickings for the Gungahlin chargers.

Our 1st quarter defensive group led by Ashton and Jordan's ball reading and marking abilities, Freddie's muscle and Max's desire to have the ball in his hands ensured it was heading back our way in pretty short time.

The 2nd stanza saw big Tommo bag his first major for the season. Having a number of goal assists to his name it was nice to see him hit the scoreboard himself. A number of players were having what was probably their best game for the club, Grayson, Lucas and Freddie were definitely in that group. Alex & Max both received the coveted Mars bar player of the week award, showing that they're learning fast and their skills and understanding of the game are improving every week!

Chevy, Lachlan and Zach were in everything, they always seemed to be in the play no matter where they were positioned on the field. Andy's run and carry and evasive skill in heavy traffic has been a highlight all season and this week was no exception. It was also great to have Parker back in the fold, his enthusiasm is somewhat infectious. It was also very pleasing to see our players adjust well going against the wind, pressing on after the change of direction and continue to score without too many issues.

We'll train again Wednesday, work hard on our skills and hopefully it'll be a similar story this coming week at home at Aranda.



**U11's - Cats had a bye this week.**

**U12's – Cats 3.7.25 v Jets 7.6.48**

**Best: Charlie, Cooper, Vanessa, Jack, Zac, Sam**

**U12's Girls – Belconnen Magpies 12.6.78 v Wildcats 2.1.13**

**Goals: 5 Elsie, 2 Genevieve, 1 Addi Amelia Alana Meredith Harriet**

**Best: Elsie, Addi, Hannah, Meredith, Harriet, Amy and Mia.**

The 12s girls ventured to Stirling to play the Wildcats on a beautiful sunny day and started the game well with Meredith doing an amazing pick up at speed out of a pack and kicking to Addi to mark. Belle took a strong overhead mark and great drop punt touched on the line. Evelyn was pressuring and tackling well. The Magpies kicked 2 goals for the quarter.

The 2nd quarter was our strongest for the day with great team play and kicking 5 goals. With Harriet doing great taps including to Elsie to goal on the run, Meredith kicked a torp goal from out wide, Hannah kept working hard and winning the footy and Addi had a dashing piece of play collecting loose ball dodging and kicking long.

The 3rd quarter Marlie and Blossom were going in hard winning the ball and the team were handballing so well out of the packs which led to a great Alana goal, and the Magpies kicking 4 for the quarter.

Willow had a great 4th quarter getting several shots on goal, Izzy doing so well in

### **U13's – Cats 3.3.21 v Wildcats 4.1.25**

**Best players: Archie, Toby, Ryder, Billy, Jonno, Ben.**

Spare a thought for one of our player's (named in the bests this week) that copped a very hard hit in the final quarter. It just goes to show how hard the team was playing and were giving it their all! All the best for a good recovery Jonno and we will see you back on the field soon.



### **U14's – Cats 4.6.30 v Wildcats 10.8.68**

**Best players: Dan, Brayden, Eamon, Rubin, Henry, Mitch.**

**Congratulations to Lewis Moore who celebrated his 50th Game.**

Below Coach Pete giving his players the game instructions and Ambrose kicked a great goal into the wind.



### **U14's Girls – Belconnen Magpies 8.9.57 v Ainslie 3.4.22**

**Best: Elspeth, Ashley, Brady, Jess, Bernice, Maggie**

On Sunday we met Ainslie for the first time since our nail-biting draw in Round 7. Reid Oval was in tip-top shape, and with the sun shining we had all the ingredients for a cracking game of footy. Our focus for this week was a fast start, so we wanted to make sure we were first in at the contest, while also lifting our tacking pressure up a notch. It was great to see the girls deliver on that promise, and it was rewarded with the first two goals of the game and long periods of possession in our forward half. Inevitably the momentum did swing at times during the game, but we were able to defend desperately and limit the damage on the scoreboard.

Heading up the slope in the third quarter, the girls were able to surge four goals clear with some great attacking play and clever teamwork down back, while our midfield continued to run hard and provide us with first use of the footy. That energy and enthusiasm was still there right to the final siren, and we came away with a well-earned 31 point victory that continues our solid run of form. With only 3 rounds remaining before finals, we now get ready to take on Tuggeranong in an away game this weekend.

### **U15's Belconnen Magpies – Belco Magies 10.18.78 v Ainslie Black 1.1.7**

**Best Players: Alex, Harry W, Tyler, Brodi, Sam, Darcy**

I expected a bit more out of the Ainslie team this week but our team just keeps getting better and better! You can see the linkages of play with a few handballs getting the ball down to the scoring end quickly. Great team work!





**U16's Girls – Belconnen Magpies 16.14.110 v Ainslie 2.0.12**

**Best: Hannah, Jessica, Jesse, Lily, Jade, Scarlett**

**U17's - Cats 9.8.62 v Marist 8.10.58**

**Best Players: Luke, Max, Riley, Tom, Sam**

Rd 11 and the Cats returned home to Aranda to take on Marist College who inflicted defeat on us a few weeks ago when we played them. Belconnen started strong but we couldn't convert our field position in the first qtr, and Marist went into the first break in the lead. An even battle ensued and at halftime Marist had a 14-point lead.

field to increase our scoring opportunities and on the back of a lift in intensity around the contest we were able to spread the footy and convert in the 3rd qtr to go into the final qtr with a small lead.

With Marist going down the hill with the wind it was great to see our back six really dig deep and continue to repel their attack to eventually run out winners 62-58 and secure ourselves a top two spot for the finals. Great resilience from the boys this week and we look forward to heading to Reid to take on Ainslie next week.



## HISTORY OF THE CLUB

First Grade Senior Side (The Blues) in 1972 with the BFC (Belconnen Football Club) logo on navy blue.



**FIRST GRADE - SEMI-FINAL SIDE**

Standing: Ray Baguley, Bob Koehne, Jim Calvert, Mark Read, Mick Burgess, Ian Eberhard, Tom Allison, Mick Chinnick, John Talikka, Brian Jones, Barry Wight, Bernie Smith, Neville Schroeter  
 Squatting: Mick Suidgeest, Ned Weir, Gary Muir, Tony Phillips, Rob Goddard, David Spencer, John O'Dea

The Junior Club also wore these jerseys until 1983 when there were so many teams it was decided to have 2 committees to run a team in each age group – similar to how we have Jaguars, Panthers, etc, except these teams wore different jerseys to distinguish them between Belconnen North and Belconnen South. The teams were segregated by suburbs – you could say south of the lake and north of the lake. Belconnen South wore the BFC jersey (above) and North wore the Hoops (picture in last week's Centre Bounce). There were even East teams at one stage which was comprised of everyone else who didn't get in quick with regos – who also wore the BFC jersey. In 1998 during the season, the Club introduced a new image for the jerseys adopting the colours of black and teal, with a bit of white. They were introduced first with the U16's, U14's and U13's teams. Other age groups followed

I'm still chasing up when we became the Cats, unless anyone can let me know?

Please send anything through to: [vicepresident@belconnencatsafl.com.au](mailto:vicepresident@belconnencatsafl.com.au)



## SPONSOR INFORMATION

The Clubhouse located at 16 Georgina Cres Kaleen (next to the Kaleen Plaza) is providing the Cats with a special "Footy Menu" at discount prices.

This applies to Saturday's and Sunday's until 6.00pm. Go down for an after match lunch or early Dinner.

See attached menu at the end of this newsletter – take a photo so you can show it at the counter to verify you are a member of the Cats.



### After Match MEAL DISCOUNT

#### Shares/Entrée

- Crusty Garlic Bread (4pcs) \$9
- Cheesy Crusty Garlic Bread (4pcs) \$12
- Chips with Tomato Sauce \$10
- Sweet Potato fries with Smokey Aioli \$12

---

## Szechuan Calamari with Salad Entrée \$18

### Salads

#### Caesar Salad \$20

Cos lettuce, crispy bacon, egg, crouton, parmesan, Caesar dressing.

Add Chicken \$6, Add Prawns \$8, Add Grilled Steak \$8

#### Greek Salad Small \$12 Large \$18

Tomatoes, Cucumbers, Spanish Onion, Feta Cheese, Olives and Oregano

### The Clubhouse Classics

**Get \$5.00 off The Clubhouse Classics meals**

#### Chicken Schnitzel \$25

200g Homemade crumbed chicken fillet, chips salad, gravy.

**Plant-based Schnitzel available add \$5**

#### Chicken Parmigiana \$28

220g Homemade crumbed chicken fillet, smoked ham, mozzarella, chips salad, gravy.

#### Fish & Chips \$24

Homemade beer battered fish fillets, chips, Salad, tartare sauce, lemon

#### Crispy Skin Barramundi Fillet \$30

Chips, Salad, tartare sauce, lemon.

#### Marinated Grilled Chicken \$28

Chips, Salad, Gravy.

#### 300g Angus Rump Steak \$31

Chips, Salad, Gravy

#### 300g Angus Scotch Fillet Steak \$38

Chips, Salad, Gravy.

**Surf me up add \$8, Creamy Garlic Prawns**

### Pizzas 12"

#### Ham and Pineapple \$15

Double Smoked shaved ham, pineapple bites, mozzarella, oregano, Parsley

#### Meat Lovers \$20

Bacon, Pepperoni, Ham, Prosciutto, Caramelised Onion, Parsley, cheese

#### Margarita \$15

Bocconcini, cherry tomatoes, basil, Grana Padano, balsamic

**Gluten free bases available add \$5**

**Choose from Spaghetti or Penne**

**Bolognaise \$15**

Traditional bolognaise sauce, basil, extra virgin oil, Grana Padano

**Carbonara \$15**

Bacon, garlic, onion, cream, white wine, parsley parmesan

**Add Chicken \$4 or Add Prawns \$6**

**Burgers**

**All burgers served with chips**

**Clubhouse Burger \$15**

Wagyu Beef Pattie, Lettuce, Tomato,  
Secret sauce.

**Vege Burger \$15**

Vege Pattie, Lettuce, Tomato, Cheese, Secret sauce.

**After Match Drinks**

**Special**

UC Stars Beer of the Day  
Valid Saturday/Sunday till 6pm  
\$6.00 Schooner \$9.00 Pints

**Special**

Cider or Ginger beer  
of the Day  
Valid Saturday/Sunday till 6pm  
\$7.00 Schooner  
\$10.00 Pints

**Special**

UC Stars House Wine  
of the Day  
Valid Saturday/Sunday till 6pm  
\$6.00 a glass

**Come on down for our Nightly Specials  
after Training**

Follow us on [Facebook](#) for Surprise Special Meals and Other Specials.

Make sure you follow [BelcoCatsafl](#) on Instagram and Facebook. We regularly post updates and news on both of these platforms, so it's a great way to keep up to date with all things Cats related.

# NCM

**NATIONAL CAPITAL MOTORS**



*The* **COOK GROCER**

[Subscribe](#)

[Past Issues](#)

[Translate](#) ▼

---

Please support the businesses who support our club

---

---

This email was sent to <<Email Address>>

[why did I get this?](#) [unsubscribe from this list](#) [update subscription preferences](#)

Belconnen Cats Junior AFL Club · Bindel St · Belconnen, ACT 2616 · Australia