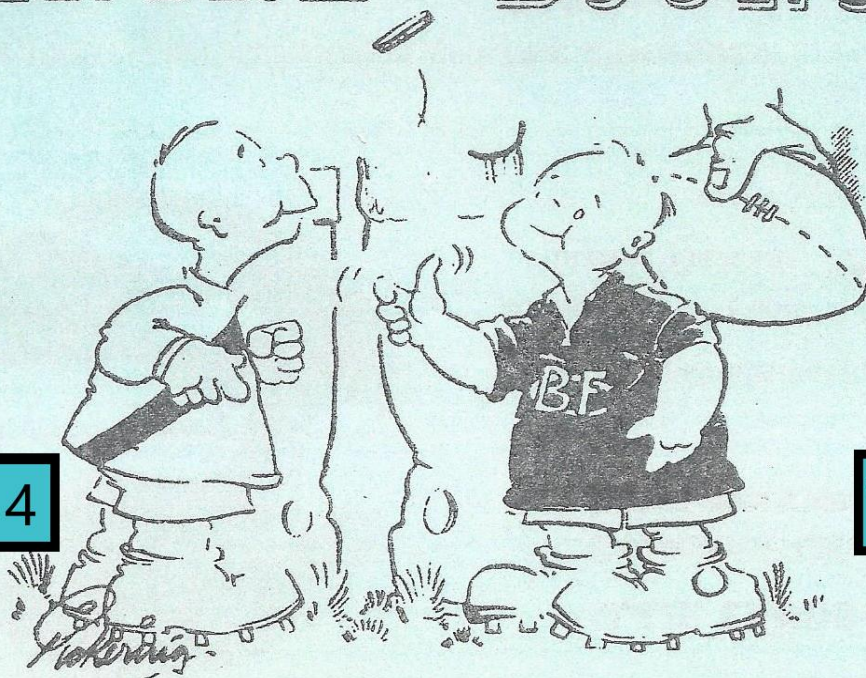


CENTRE BOUNCE

Round 4

2023



BELCONNEN JUNIOR FOOTBALL CLUB

Welcome to Round 4 of the Centre Bounce

I hope all our Cats mum's had a wonderful day on Sunday! Mine was wonderful although I still need to train the kids to do more chores!

Gemma posted some pics on social media of Cats mums so check them out.

Another lovely Saturday for footy and a Sunday without rain! Great day for a home game BBQ which was very successful with the chicken schnitzel rolls a big hit!

A big thank you Gemma and all the parents that helped out on the day. Any help is very much appreciated!

Amanda Ongania – Vice President

Sir Doug Nicholls Rounds 6 and 7:

This coming week and next, we commemorate two rounds for Sir Doug Nicholls, with some teams wearing an indigenous jersey designed by Luke Penrith. This design worn by Belconnen team "reflects and pays tribute to Ngunnawal country, the land on which we live and play football. It depicts the mountains that surround Ngunnawal country, as well as the fact that we live in a traditional meeting place, where Ngunnawal people have welcomed visitors from far and wide for at least 20,000 years

The wearing of indigenous jersey's by AFL teams commemorates "the significant events in the reconciliation journey, the high court Eddie Mabo decision, and the change to our constitution with the successful referendum in 1967."

Nicholls made an enormous contribution to Australian football and the nation as a whole.



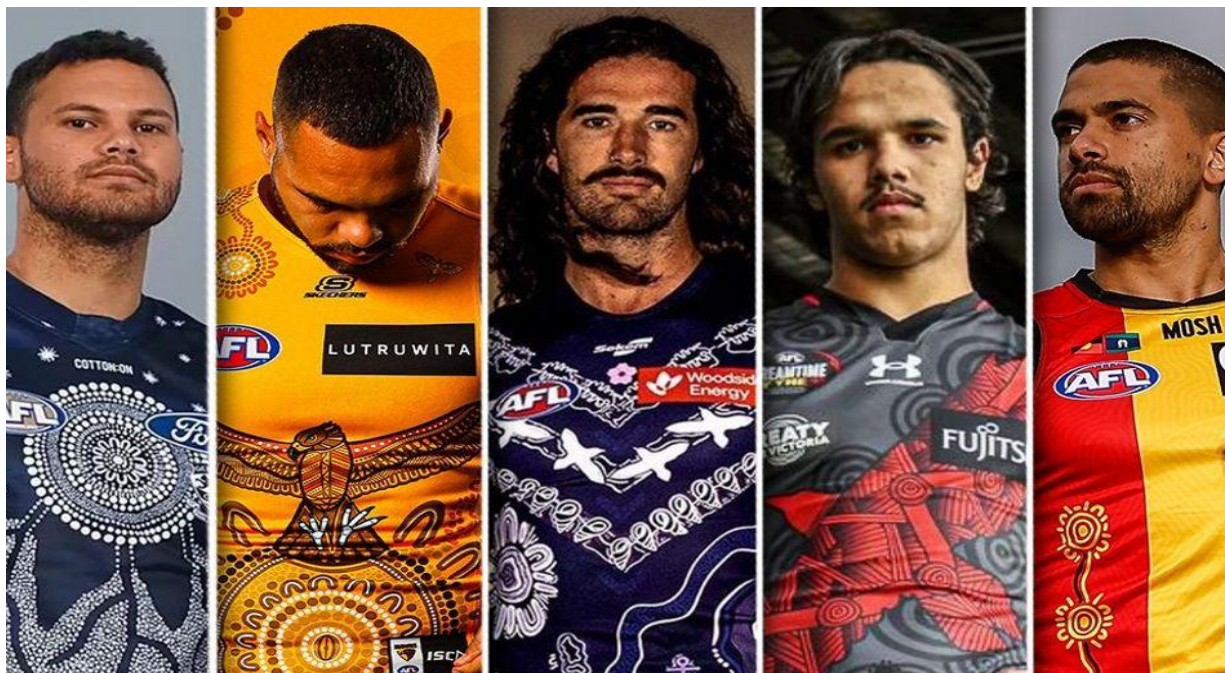
Sir Douglas Ralph Nicholls, KCVO, OBE (9 December 1906 – 4 June 1988) was a prominent Aboriginal Australian from the Yorta Yorta people. He was a professional athlete, Churches of Christ pastor and church planter, ceremonial officer and a pioneering campaigner for reconciliation.

After playing in Goulburn Valley for Tongala, Nicholls tried out for VFL clubs North Melbourne and Carlton before the 1927 season; Nicholls played some seconds matches for Carlton but did not play a senior game. He subsequently joined the Northcote Football Club in the VFA, and became a regular in the Northcote team by 1929. He made his name as an energetic and speedy wingman, capable of spectacular feats, and came to be regarded as the best wingman in the VFA at the time. At 5'2", he was one of the shortest players in the game. He was a member of Northcote's 1929 premiership team, and finished third in the Recorder Cup voting in 1931, his final season with Northcote.

In 1932, Nicholls joined the VFL's Fitzroy Football Club and in 1935, he was the first Aboriginal player to be selected to play for the Victorian interstate team, ultimately playing four interstate games. He played a total of six seasons for Fitzroy, before returning to Northcote in 1938. Knee injuries forced him to retire in 1939. He returned to Northcote as non-playing coach in 1947.

Did you know that in 1991 the Canberra suburb of Nicholls was named after him?

In 2016 the AFL named their "Indigenous round" after him, and continues to do so. Each year, each player in all 18 clubs wears a specially-commissioned artwork by an Indigenous artist on their Guernsey.



President's Message

Hello Cats Family,

The past couple of weeks has been amazing, weather wise and just for footy in general.

I would like to start by thanking the community and the committee in organising and assisting in our BBQ's in being a great success. I think those that were lucky enough to get a donut had an extra special day.

Also coming up next month is a Bunnings BBQ, so please look out for the volunteer request to continue supporting the club, as always many hands to make light work and we can always use the extra support.

Speaking of support, if there is anyone that would like to try some website design, please reach out, these tech skill are more than welcome.

The games that I have seen and heard about, our kids are doing fantastically and upholding the values that make this club great. Even when the scoreboard is not in our favour, we still give our best. I thank you all for that.

For those that have had a win, especially the U17's against Magpies, I congratulate you. Remember train hard and play hard, but all in all this is junior footy and the enjoyment is the key to this game.

If you would like to offer any further advice or assistance, please reach out.

Jon Scholtes – President

Teams:

U10's – We had a terrific trip down to Isabella Plains, luckily we all remembered our passports, and made it through customs in one piece!

Another great game with plenty of highlights!

Thanks to the crew that went up and played at Amaroo with the magpies, Jordan, Josh, Yattani & Henry, hope you all got your hands on the ball and had some fun!

We'll done to both Andy & Willow for standout performances. You both handled the ball cleanly, setting up and finishing some great passages of play! Willow also showing some toughness getting back out there after a corky in the arm! It was great to have Zach and Theo back in the team, they'll both be a lot better for the run next week!

It's not easy disposing of the ball cleanly when you're under pressure from the opposition!

It probably wasn't until the last quarter we took control of the game but it was great to see the team come alive once things clicked!

Another even performance across the whole team. So many kids having an impact at different times throughout the game.

It's been a little tough for those new to the (world's greatest) game with limited training sessions, but we're learning fast which is fantastic to see!!!

U12's - Rd4 v Weston creek.

In Rd4 the Cats came up against Weston creek at Aranda. The First quarter was quite competitive as both teams fought hard to gain control of the ball and we went into the break with a 10-point lead.

In the second quarter the cats managed to control the ball through the midfield and dominate possession kicking 7 goals to 0 and taking a commanding lead into half time.

The second half saw plenty of players get opportunities in various positions and everyone did an amazing job.

We discussed some key points during the week that we really wanted to put into practice in the game, and it was fantastic to see the team remain disciplined, and all the players play their role.

U12's Girls - The 12s girls played in glorious weather at Aranda versus the 2nd placed Eastlake side. After an arm wrestle for the first part of the 1st quarter our Magpies girls began winning the ball out of pack situations and kicked 2 goals for the quarter.

The Magpies continued to improve their team play as the day went on, handballing out of pack situations, and kicking well to players on the lead kicking another 2 goals each quarter. The Magpies worked hard to get to more contests than the demons, and defended well, having a good win 8.7.55 to 1.1.7.

New players Jasmine and Marlie both had really positive games. Meredith and Mia played their best games of the year. Thanks to Loma from the 10s who backed up for us so we had one sub.

Best players on the day were Elsie, Amy, Addi and Jess. Goalkickers: Jess x 2, Amelia, Meredith, Harriet, Belle, Poppy & Elsie

U13's - Thanks to National Capital Motors for the great new playing jumpers that our team got to run out in this weekend at Stirling oval against Weston Creek.

U14's Girls – The U14's girls continued their unbeaten run in season 2023 with a hard fought win over Tuggeranong on Sunday. A sunny morning at Aranda oval was a very welcome sight after last weekend, however, dewy conditions still made it difficult to handle the footy early on.

With Tuggeranong applying plenty of pressure around the ground, our girls were able to withstand that challenge and gradually gain control of the match.

A four goal second half where we were able to take advantage of our time up forward saw us run out 21 point winners.

U14's - Brand new jumpers (thanks Paul K) and a fine sunny day greeted the Cats on their travels to Lindwall Oval. Marist sprung out of the blocks and Cats were under the pump early. Henry, Harry and Conal were desperate in defence as the ball came in thick and fast. Despite pressure from the big bodied Marist, Luca, Beau and Tyler took some excellent contested marks around the ground. Jacob and Bailey were competing well, and Ali and Lucas B laid some strong tackles. But Marist's repeat entries saw them go into quarter time with a healthy early lead.

Pete revved the team up at quarter time.

Marist were kicking to the scoring end in the third quarter and the Cats were again under pressure.

A hard day at the office for the Belco Cats, but they didn't stop trying against a team that's likely to go a long way this season.

Goals: Lucas B 3

Best: Lachie, Luca, Lucas B, Henry, Conal, Beau, Dan

U15's Belconnen Magpies – First time playing at Aranda this year proved to be a success against Eastlake. We had a special guest runner this week, Moey from the Rising Stars (who plays with the Coaches Paddy and Oscar) really was the best runner we've ever had!

U16's Girls - Belconnen Magpies U16 girls were at home this week playing against Ainslie Tricolours Red out at Aranda. The Magpies had a slow start to the first quarter with Ainslie taking an early lead however the Magpies turned the game around with lots of goals and behinds scored in the second, third and fourth quarters. The team played really well together today and deserved the win.

U17's – Rd 4 saw the U17's take on Queanbeyan at home and it was great to finally have a nice sunny day and surface to play some footy on.

After a slow start in which Queanbeyan come out with a real intent for the contest and challenged us early we were able to reset at qtr time and get back to the things that have put us in strong positions in the previous rounds.

Was really pleased with our defence this week and the desperation in that part of the field which saw the tigers score only two further goals after qtr time.

The improvement in the boys handpass chains and linking up through the ground is really pleasing as well and providing us with good opportunities to hit the scoreboard.

Congratulations to Logan Domjan who was able to celebrate his 100th game with a win and we now look forward to a big challenge next week v Marist.



Pros: Although we missed our training session last week, we were very excited to take the field on the weekend. Two of our teams played off in a thrilling Cats derby which saw some fantastic marks and great goals. Across all teams there was a focus on picking up the ball cleanly and trying not to go to ground which we will continue to practice at training this week. Keep up the fantastic work.

Sponsors:

One of our long standing sponsors, Gary Cheeseman has kindly sponsored our club again this year and the U12's are lucky enough to be wearing the jersey with his company name.





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We will feature our other new jersey's next week with Sportslink and National Capital Motors (after I get some pics!).

History of the Club:

Continuing on from Les's speech notes:

We enquired from our neighbours who to contact to get our eldest son signed up. They directed us to 'The Shed' at Jamison – The Belconnen Football Club built by some stalwarts from the old Turner Club. The Shed was demolished and is now the car park for the Southern Cross Club. My wife spoke to the Club Manager, Dave – a Pom – who gave us information. He asked 'what about the little bloke?' who was only six but could join as the starting age was seven in Canberra. He was coached by a guy named Bill Handle who was a real character and a colleague of Professor John Maloney at ANU. The Maloney boys, Michael and Damien played with Belconnen whilst the Professor was involved with the Seniors for many years.

Some of Brendan's new under 7 team mates were Brett Allison, Chris Stubbs, Mark Hird (son of a local politician Harold Hird) and more importantly the 'Meet and Greet' guy at Bunnings and a chubby little bloke called Paul Hynes, who ten years later would feature in a coaches worst nightmare!

The next year they were coached by Winston Gregory. Later they were coached and managed by Tom and Helen Allison to two undefeated seasons!

I hope you are finding some names of old mates and good memories!

Please send any stories through to: vicepresident@belconnencatsafl.com.au



After Match

MEAL DISCOUNT

Don't forget to take advantage of the discounted menu before 6.00pm
Saturday's and Sunday's.