

**Welcome to the tenth (already!) edition of the  
Centre Bounce**

I started my day at the U15's at Arctic Park (aka Amaroo!) where the sun was beautiful but as always that cold cutting wind was always present in various strengths, fooling

Another win and remaining on top of the ladder at this time of the season is great place to be.

The U8's and U9's North competition were moved to Giralang oval and the amount of cars parked along the road, parents and players on the field was a sight to behold! It looked fantastic! Unfortunately my camera phone doesn't do it justice but have a look below.

On Sunday we held the last session of Rookies at Giralang and I had the privilege to witness around 35 up and coming players graduate from the program. The kids and parents were treated to a sausage sizzle afterwards and there were plenty of smiles all around! Thanks to the cook, Alby, Kane for being assistant cook, Nate for serving and Ollie and co. for handing out the drinks. A huge thank you to the 2 ladies that jumped in to help with the organised chaos (apologies, I didn't get your names but it was greatly appreciated).

Most of all credit where it's due as this would not have been possible without the dedication and commitment of Ossie, Rheannan and Daniel who ran such a successful program. Thank you so much and we love having you part of the Cats Family!

#### Girls AUSKICK

Please register your girls and I heard a couple of parents from AUSKICK today were going to or had already! You can register your girls 5 years to 12 years old via the link below.

<https://www.playhq.com/afl/register/836f7c>



PLAYHQ.COM/AFL/REGISTER/836F7C

ANY QUESTIONS, PLEASE CONTACT US  
football@belconnenmagpies.com.au



**GIRLS ONLY**  
**AUSKICK**



**STARTS**  
**SUNDAY AFTERNOONS**  
**FROM 23/7 THROUGH TO 24/9**  
**1:30PM - 2:30PM**

Amanda Ongania – Vice President  
[vicepresident@belconnencatsafl.com.au](mailto:vicepresident@belconnencatsafl.com.au)

**Fun Fact:**

Fun Fact: Australian Football was influenced by many well-known sports such as early forms of soccer and rugby, but did you know that it may also have been influenced by a traditional Aboriginal game called Marngrook? Marngrook involved kicking a ball, (made from animal skin and stuffed with feathers or charcoal) high into the air.



## AROUND THE GROUNDS

Teams:

Rookies:



**Always important to warm up!**



**Kick it to me!**



**Go for goal!**



**Move please so I can kick a goal?**



**The start of a great passage of play!**



**A budding Tony Lockett?**



**A chuffed young Darcy with her certificate and very proud parents!**



**Aww, is it the end? No! Come back next year!**

**U8's -**



**Good to see Giralang oval full!**





### **U11's - Cats 0 v Tuggeranong Blue 60**

Although the Cats kicked 2.2 (well done!) the adjusted score represents the AFL's rule that no team's score will be recorded as more than 60 points difference.

### **U12's – Cats 4.6.30 v Ainslie Black 2.3 15**

**Best:** Zac, Jackson, Charlie, Cooper, Jett, Sam

Round 10 saw the U12 cats head to Reid to take on Ainslie black. This week was always going to be a big challenge coming up against one of the top four teams, plus being down several key players who were away. After being defeated by Ainslie earlier in the year, we went into this game with some strategies to nullify their drive and give us more opportunities in attack. Despite being down several key position players, we started the game of really well, asserting early dominance through the midfield and keeping the ball trapped in our forward line for the best part of the quarter.

The second quarter was much of the same and although Ainslie scored a couple of goals against the run of play, we were able to dominate possession and go into halftime with scores level. After losing one of our key midfielders just before half time, we knew it was going to take a massive effort in the second half to not let Ainslie get back into the game.

This was exactly what we produced. Our defence pressed up the ground really well, cutting off every time Ainslie tried to clear their backline and our midfield took control of

chains of possession and plenty of individual clutch moment wins, we were able to kick away in the last quarter and bring home what is probably our best win of the season.

A big thank you to Luca and Charlie who filled in for us, so we could field 18 players and did a fantastic job.

### **U12's Girls – Belconnen Magpies 10.9.69 V Tuggeranong 2.1.13**

The 12s girls played at Holt for the first time this year versus Tuggeranong and as always great having our 10s, 14s and 16s at the same venue.

Amelia started the game on fire kicking 2 goals the quarter, Charlotte did a great tackle and cleared the kick and Mia continued her good form taking an awesome mark on the wing.

In the second quarter our girls started using the handball well out of packs, and linking up with kicks, with goals to Amy and Jess. The highlight Hannah leading hard to the wing and kicking to Meredith for mark in the forward line.

In the 3rd quarter won some great clearances through Marlie and Hannah and Alana and Ellie taking good marks. Mia's great tackle causing ball to spill, then chased down the next player to apply another great tackle. Our best team play for the day leading to 4 goals for the quarter.

The last quarter Belle started well with a great tackle and two kicks in a row, Marlie wheeling around on arc for forward entry and Willow doing some good defensive work.

Another strong win for our girls 10.9.69 to 2.1.13.

**Goal Kickers** – Amelia & Amy 3, Ellie, Addi Meredith & Jess 1 goal each.

**Best Players** Elsie, Addi, Amy, Jess & Meredith. So much improvement from so many of our girls including our newbies.

### **U13's – Cats 0 v Jets 60**

**Best players:** William, Jonathan, Toby, Benjamin, Lachlan

**Best players:** Lachlan, Conal, Luca, Beau, Ambrose, Brayden

### **U14's Girls – Belconnen Magpies 6.15.51 v Weston Creek 1.0.6**

Our first game for the year at Holt saw a great crowd turn out to watch the girls in action. Perfect weather greeted us, and although conditions were somewhat slippery, that didn't deter the team one bit. Their attack at the contest, clean handling and willingness to share the footy was really impressive. This helped us break the game open quite early and we continued to build a healthy lead.

With Weston Creek short on players, the game was reduced to 16-a-side, so we were able to take advantage of our skills and pace. And when some of our girls were asked to play for the opposition for a quarter, they responded in the best way possible by being stand-out performers.

In the end, we ran out 45 point winners. Great defensive efforts, hard-running through the midfield and pressure to keep the ball locked in our attacking zone helped us create a lot of scoring opportunities.

We now just need to work on putting the final bits of polish on our forward line entries. But first, we get a well-earned school holiday break before preparing for the remaining four games of the home-and-away season.

### **U15's Belconnen Magpies – Belco Magies 15.16.106 v Jets 1.1.7**

**Best Players:** Dylan (again man of the match-2 weeks running) with 6 goals as well!, Alex, Lucas, Josh, Leo and Luke W

This team just keeps getting better and the coaches have worked hard on getting them to link up plays and searching for options. Decision making is more refined and accurate which provides many options for goal scoring. They are playing more as a team and less as individuals.

### **U16's Girls – Belconnen Magpies 6.2.38 v Tuggeranong 5.4.34**

A beautiful day for a game of football today, and a hard fought win for the U16 Youth Girls

Tuggeranong. The scores remained fairly even in to the 4th quarter where the Magpies were able to score a couple of goals and seal a win 6-2-38 to 5-4-34.

### **U17's - Cats 15.10.100 v Eastlake 3.2.20**

Round 10 and the U17s travelled to Kingston Oval to take on Eastlakes, the first time we have played at Kingston since the U11's. Through the week at training the boys have been working hard on improving their ball movement to increase our opportunities in the forward 50. Really pleased that the hard work payed off over the weekend with some of the links and chains of possession able to open up the field and put Eastlakes under pressure from the 1st ball up.

Throughout the game we continued to look for options inside and our ability to switch the ball across the halfback line to our wingers allowed our running game to create multiple scoring opportunities, finishing the game with a strong win 100-20.

Congratulations to Sam Quantrill who celebrated his 150th game with a win and 2 goals on the scoreboard, it's a great effort to reach 150 games and I'm glad we could get a win in a milestone game. The U17s would like to thank Ben Rickard and Tiernan Miller for helping us out on the weekend with numbers it was great to see the two boys back in a cats jersey and we wish Riley Hansen & Harry McMaster all the best this week as they compete for GWS in the U16s National Championships on the Gold Coast.



## HISTORY OF THE CLUB

More from Les:

By 1978 we were fielding 14 teams including many Northside boys. It was decided that we needed a presence on the Northside Zone, firstly so boys did not have to travel to Southside to train and play, also to deter Ainslie from poaching boys from our Zone. A difficult task, as a lot of the new residents were from the older areas of Ainslie i.e my neighbour! It was decided the Northside team would wear the old Turner jumpers (Geelong strip) with red numbers.



Over the next couple of years we grew to 23 teams and with West Canberra fielding 21 teams the Belconnen District made up 33% of the junior league teams of 120 odd. Obviously to provide for that many teams we needed money with the registrations fees. Just \$20 per player was never going to cover costs. Enter the late great Judy Hynes. Lamington drives were all the go then so she ran two per season. With the help of many parents we would make 1000 dozen per time usually at the Lyneham Tennis Centre

take them over there and sell them as the patrons left. Sales were going well until this official looking character introduced himself as a Health Inspector, there to check on the operation of the canteen. As I did not have a street vendors permit he suggested I move on! Not daunted by this little set back I took the rest to The Shed and sold out – job done! Another popular fund raiser was the progressive dinners with the final course at The Shed followed by a funny money auction of donated goods. The hamburger caravan at the Canberra Show also brought in good money. The bi product from these events was the social atmosphere they created. Judy's other achievements were that she was President for a time. She also cooked dinner for all 3 grades at The Shed on a Sunday. Just think – 18 rounds 3 grades of 50 or so players, their partners, kids, coaches and officials for 5 or 6 years! After she sadly passed away, a lot of the ex players contacted the family to say they still remembered her lasagne! Brett Allison used to call her his other mum.

Keep the stories coming. Please send anything through to:

[vicepresident@belconnencatsafl.com.au](mailto:vicepresident@belconnencatsafl.com.au)



## SPONSOR INFORMATION

The Clubhouse located at 16 Georgina Cres Kaleen (next to the Kaleen Plaza) is providing the Cats with a special "Footy Menu" at discount prices.

This applies to Saturday's and Sunday's until 6.00pm. Go down for an after match lunch or early Dinner.

See attached menu at the end of this newsletter – take a photo so you can show it at the counter to verify you are a member of the Cats.



## THE CLUBHOUSE

K A L E E N

### After Match MEAL DISCOUNT

#### Shares/Entrée

**Crusty Garlic Bread (4pcs) \$9**

**Cheesy Crusty Garlic Bread (4pcs) \$12**

**Chips with Tomato Sauce \$10**

**Sweet Potato fries with Smokey Aioli \$12**

**Chicken Wings \$16** Choice of; Lime pepper rub or Szechuan rub

**Szechuan Calamari with Salad Entrée \$18**

#### Salads

**Caesar Salad \$20**

Cos lettuce, crispy bacon, egg, crouton, parmesan, Caesar dressing.

Add Chicken \$6, Add Prawns \$8, Add Grilled Steak \$8

**Greek Salad Small \$12 Large \$18**

Tomatoes, Cucumbers, Spanish Onion, Feta Cheese, Olives and Oregano

#### The Clubhouse Classics

**Get \$5.00 off The Clubhouse Classics meals**

**Chicken Schnitzel \$25**

200g Homemade crumbed chicken fillet, chips salad, gravy.

**Plant-based Schnitzel available add \$5**

**Chicken Parmigiana \$28**

220g Homemade crumbed chicken fillet, smoked ham, mozzarella, chips salad, gravy.

**Fish & Chips \$24**

Homemade beer battered fish fillets, chips, Salad, tartare sauce, lemon

**Crispy Skin Barramundi Fillet \$30**

Chips, Salad, tartare sauce, lemon.

**Marinated Grilled Chicken \$28**

Chips, Salad, Gravy.

**300g Angus Rump Steak \$31**

Chips, Salad, Gravy

## Surf me up add \$8, Creamy Garlic Prawns

### Pizzas 12"

#### Ham and Pineapple \$15

Double Smoked shaved ham, pineapple bites, mozzarella, oregano, Parsley

#### Meat Lovers \$20

Bacon, Pepperoni, Ham, Prosciutto, Caramelised Onion, Parsley, cheese

#### Margarita \$15

Bocconcini, cherry tomatoes, basil, Grana Padano, balsamic

**Gluten free bases available add \$5**

### Pastas

#### Choose from Spaghetti or Penne

#### Bolognese \$15

Traditional bolognese sauce, basil, extra virgin oil, Grana Padano

#### Carbonara \$15

Bacon, garlic, onion, cream, white wine, parsley parmesan

**Add Chicken \$4 or Add Prawns \$6**

### Burgers

#### All burgers served with chips

#### Clubhouse Burger \$15

Wagyu Beef Pattie, Lettuce, Tomato,  
Secret sauce.

#### Vege Burger \$15

Vege Pattie, Lettuce, Tomato, Cheese, Secret sauce.

### After Match Drinks

#### Special

UC Stars Beer of the Day  
Valid Saturday/Sunday till 6pm  
\$6.00 Schooner \$9.00 Pints

#### Special

Cider or Ginger beer  
of the Day  
Valid Saturday/Sunday till 6pm  
\$7.00 Schooner



**Special**

UC Stars House Wine  
of the Day  
Valid Saturday/Sunday till 6pm  
\$6.00 a glass

**Come on down for our Nightly Specials  
after Training**

Follow us on [Facebook](#) for Surprise Special Meals and Other Specials.

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Make sure you follow [BelcoCatsaf1](#) on Instagram and Facebook. We regularly post updates and news on both of these platforms, so it's a great way to keep up to date with all things Cats related.

**NCM**

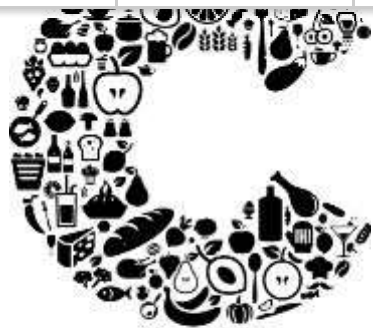
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GROCER**

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