

CENTRE BOUNCE

Round 1

2023



BELCONNEN JUNIOR FOOTBALL CLUB

Welcome to the first edition of the Centre Bounce

This year we are starting a weekly club newsletter to wrap up how each team is going and any other things we think you might be interested in. For context, this used to happen on a weekly basis with an in-depth look at the games, club information such as raffles, sponsor advertisements and interesting articles such as coaching tips.

The above picture was the front cover of the magazine especially drawn by Larry Pickering in the 80's who was apparently associated with the club. If any of you happen to have background on how he was associated, please send me an email to:

vicepresident@belconnencatsafl.com.au

It was great to finally be playing footy again! What a first weekend!

What a beautiful day for the first round. The 10's, 11's and 12's played at Aranda and the kids were raring to go! The looks on their faces when presented with their jerseys was absolutely priceless!

We thank Kate from KD's Van for the great coffee. This will be very welcome when we get to the cooler mornings.

President's Message

What a wonderful sunny day for the start of the season, I hope for many more before the winter kicks in.

I hope everyone had fun and enjoyed their start to the 2023 season, I know my kids did. Additionally, I thank the parents, volunteers, coaches and all team supports, without you this would all not be possible.

This newsletter is the fantastic idea of Amanda, our Vice President, if you would like to add any content or see anything different, feel free to provide any feedback to the committee.

Finally, good luck to all for the rest of the year, train hard and play hard.
Cheers.

Jon Scholtes

Teams:

U10's – It was great to see that we have fantastic numbers to field a team plus help out the opposition as well. The players had a great time and so did the parents! We also welcomed lots of new players for their first ever games of AFL and first for the club.

U11's – These players had a good run and regardless of the score they got a taste of what competition footy is all about.



U13's – Travelled out to Marist home ground which is always a treat as their facilities are wonderful. The teams' first run of the season was not the desired result on the scoreboard but they had some great passages of play.

U14's – Due to having a bye this week, they did manage to play a game with the Magpies who had a forfeit. This was held at Aranda and they were hardly recognisable with the growth spurts that have occurred over the break.

U15's Belconnen Magpies - It was great to see how well the combined team has gelled and had a cracker of a first quarter, leading Ainslie Red at the first break. Ainslie got their act together and were winners in the end, but the young men had a good run together and have a feel for the potential they have going forward.

U17's – A strong performance from our U17s team this week against Queanbeyan at Town Park. With several of the team joining us this year from different clubs it was great to see the boys out there starting to gel after putting in some hard work during preseason.

We matched Queanbeyan physically and worked hard on our tackling and repeat efforts allowing us to come away with a strong win 81-40

Jack Walker has come back to the Cats from being away for a year and was flying high and winning in the Ruck. Cooper Lees took some great marks early on in the game to score our first goals and Cohan Riley was the little kid from Tuggeranong who wowed us all scoring 4 goals. Too many great performances to name them all, but we are really fortunate to have a team where I know we'll be able to mention lots of achievements during the season.

Weston Creek player Trystan Jensen played 99 games with Wildcats and today we were proud to welcome him into Belconnen Cats and help him to celebrate playing his 100th game in the Teal colours. What a great way to cap off your 100th game and the start of the season

Rookies and Pros:

The U8's and U9's don't start until next week and we hope they have the great weather we had today.

However, down at The Nest, some of them did get to play half time Auskick against Magpies Juniors at the Senior Mens game. Thanks to Belconnen Magpies for organising this.



Cats win another \$2000!!!!

TOYO TIRES®  **GIANTS**

We were lucky enough to be offered another go at the Toyo Tires Make Your Move Challenge at the Giants v Lions game on Saturday. Our team of 4 boys including Riley Hansen, Harry Woodward, Max Swoboda and Riley Church, rolled their tyre out on Manuka Oval to come home for the win against Queanbeyan. They struggled to get their tyre around the obstacle at the end of the course, but managed to bring it home strong and push over the line first.

This is a wonderful opportunity provided to our club as we have now secured an additional \$2000 to pay for expenses across the season, plus we have another set of tyres to use for fundraising purposes through the year.

Thank you to Toyo Tires and GWS Giants.

BBQ's at Aranda:

WE NEED YOU!

Another great fundraising opportunity we have across the season is our BBQ's. We will be looking for volunteers from each team, so please keep an eye out for messages from your Team Manager and come forward to help out. Our next BBQ's will be Round 3 and 4 at Aranda oval.

Bunnings's Belconnen BBQ :



Please also note in your diary that the club will be holding a Bunnings BBQ on Saturday, 3rd June. With this opportunity falling on a Saturday, we know that juggling the kids sports run with helping out at a Bunnings BBQ will be tough, but we will need plenty of hands across the day to make this a success.

History of the Club:

I am compiling the history of the club to eventually go up on our website. If you can contribute in any way with timelines, famous players that have come from our club (Brett Allison and Don Pike come to mind), any great stories I would love to hear from you. Please send anything through to:

vicepresident@belconnencatsafl.com.au

Sponsor Information:



The Clubhouse located at 16 Georgina Cres Kaleen (next to the Kaleen Plaza) is providing the Cats with a special “Footy Menu” at discount prices. This applies to Saturday’s and Sunday’s until 6.00pm.

Go down for an after match lunch or early Dinner. See attached menu at the end of this newsletter – take a photo so you can show it at the counter to verify you are a member of the Cats.

The Clubhouse Kaleen will also be supplying a “Play of the Day” voucher for each team every week which entitles the winner to a free burger and fries and can be used in conjunction with the discount “Footy Menu”. Once the vouchers are printed they will be handed out to the Mangers.

THE CLUBHOUSE

K A L E E N



After Match

MEAL DISCOUNT

Shares/Entrée

Crusty Garlic Bread (4pcs) \$9

Cheesy Crusty Garlic Bread (4pcs) \$12

Chips with Tomato Sauce \$10

Sweet Potato fries with Smokey Aioli \$12

Chicken Wings \$16 Choice of; Lime pepper rub or Szechuan rub

Szechuan Calamari with Salad
Entrée \$18

Salads

Caesar Salad \$20

Cos lettuce, crispy bacon, egg, crouton, parmesan, Caesar dressing. Add Chicken \$6, Add Prawns \$8, Add Grilled Steak \$8

Greek Salad Small \$12 Large \$18

Tomatoes, Cucumbers, Spanish Onion, Feta Cheese, Olives and Oregano

The Clubhouse Classics

Get \$5.00 off The Clubhouse Classics meals

Chicken Schnitzel \$25

200g Homemade crumbed chicken fillet, chips salad, gravy. **Plant-based Schnitzel available add \$5**

Chicken Parmigiana \$28

220g Homemade crumbed chicken fillet, smoked ham, mozzarella, chips salad, gravy.

Fish & Chips \$24

Homemade beer battered fish fillets, chips, Salad, tartare sauce, lemon

Crispy Skin Barramundi Fillet \$30

Chips, Salad, tartare sauce, lemon.

Marinated Grilled Chicken \$28

Chips, Salad, Gravy.

300g Angus Rump Steak \$31

Chips, Salad, Gravy.

300g Angus Scotch Fillet Steak \$38

Chips, Salad, Gravy.

Surf me up add \$8, Creamy Garlic Prawns

Pizzas 12"

Ham and Pineapple \$15

Double Smoked shaved ham, pineapple bites, mozzarella, oregano, Parsley

Meat Lovers \$20

Bacon, Pepperoni, Ham, Prosciutto, Caramelised Onion, Parsley, cheese.

Margarita \$15

Bocconcini, cherry tomatoes, basil, Grana Padano, balsamic

Gluten free bases available add \$5

Pastas

Choose from Spaghetti or Penne

Bolognese \$15

Traditional bolognese sauce, basil, extra virgin oil, Grana Padano

Carbonara \$15

Bacon, garlic, onion, cream, white wine, parsley parmesan

Add Chicken \$4 or Add Prawns \$6

Burgers

All burgers Served with Chips

Clubhouse Burger \$15

Wagyu Beef Pattie, Lettuce, Tomato,
Secret sauce.

Vege Burger \$15

Vege Pattie, Lettuce, Tomato, Cheese, Secret sauce.

After Match Drinks

Special

UC Stars Beer of the Day
Valid Saturday/Sunday till 6pm
\$6.00 Schooner \$9.00 Pints

Special

Cider or Ginger beer
of the Day
Valid Saturday/Sunday till 6pm
\$7.00 Schooner
\$10.00 Pints

Special

UC Stars House Wine
of the Day
Valid Saturday/Sunday till 6pm
\$6.00 a glass

Come on down for our Nightly Specials after Training

Specials

Monday
\$12.00

150g Steak with Chips & Salad

Wednesday

\$16 Chicken Schnitzel

\$20 Chicken Parmigiana

\$24 Chicken Schnitzel Surf me up

Friday, Saturday & Sunday

Chef Special

Follow us on Facebook for Surprise Special Meals and Other
Specials.