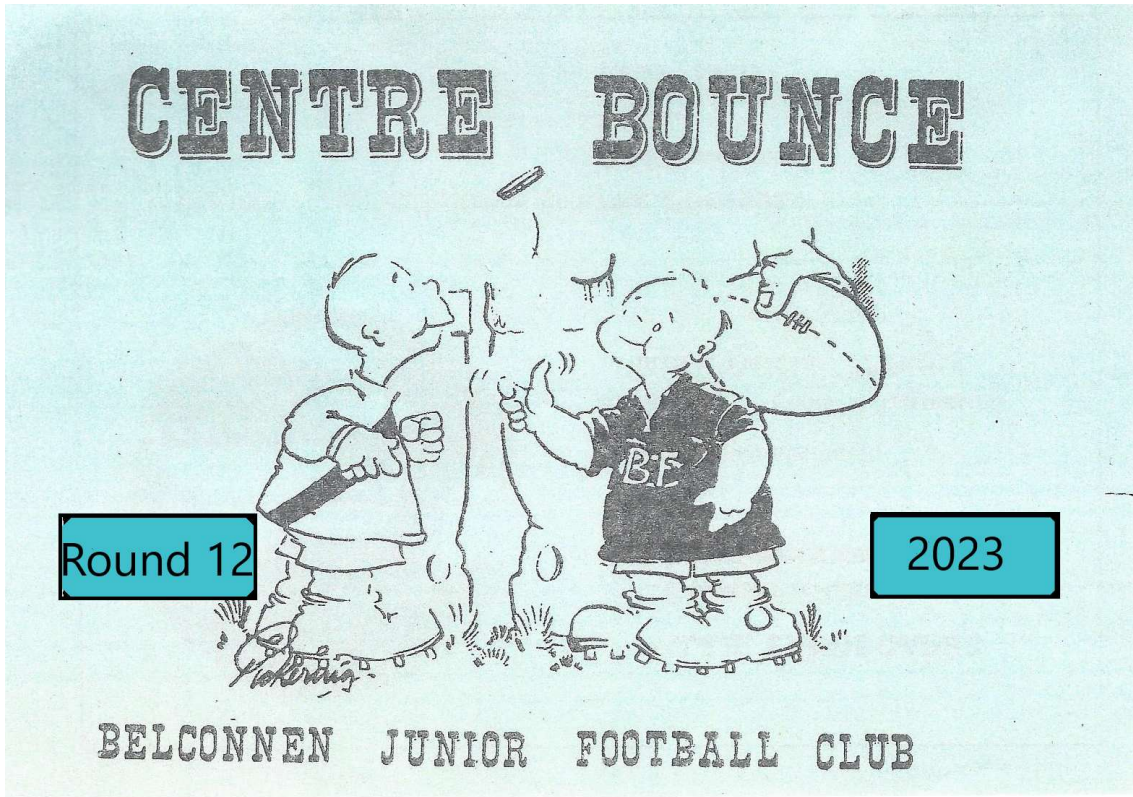


Centre Bounce Round 12

1 message

Amanda Ongania <vicepresident@belconnencatsafl.com.au>
Reply-To: Amanda Ongania <vicepresident@belconnencatsafl.com.au>
To: gemmalhansen@gmail.com

Tue, Jul 25, 2023 at 9:10 PM



Welcome to the twelfth edition of the

Centre Bounce

It was too cold to get out of bed and I slept through my alarm! It did end up being a beautiful day both days though. So I didn't get to see any other game other than the U15's. We took a packed lunch out to Kambah to play Tuggeranong minus 6 of our players who went to Ballarat to play the School Boys Tournament. The remaining boys stood up and took a convincing win.

The first week of the Girls Only AUSKICK started on Sunday and despite a few going off to the GWS we still had 34 girls show up! Hayley, Ebony and Rheannan took the group with fun had by all. Some practising of handballing, picking the ball up cleanly from the ground and some games filled the session. They all loved their t shirts as well! It's not too late to join – we even had a couple older girls when dropping of younger siblings asking mum if they could participate. The link is below.

You can register your girls 5 years to 12 years old via the link below.

<https://www.playhq.com/afl/register/836f7c>



SIGN UP TODAY



PLAYHQ.COM/AFL/REGISTER/836F7C

MAGPIES **MAGPIES**

ANY QUESTIONS, PLEASE CONTACT US
football@belconnenmagpies.com.au

GIRLS ONLY
AUSKICK

STARTS
SUNDAY AFTERNOONS
FROM 23/7 THROUGH TO 24/9
1:30PM - 2:30PM

nab AFL Auskick



DON'T FORGET!
Team Photos:



Team Photos will be taken at The Nest (Belconnen Magpies home ground in Holt) on Monday, 7th August from 4pm. Families will receive an email directly from MT photos over the next couple of weeks with details of how to pay for your photos directly and the time that has been set aside for your team.

If you can't make the 7th, there will be options for alternative times and locations as each child gets their photo taken individually.

Amanda Ongania – Vice President
vicepresident@belconnencatsafl.com.au

AFL Fun Fact:

Correction from last week – Adelaide has “won” the wooden spoon in 2020. Port Adelaide is the only team never to receive the title. Thanks Nicholas! In 1910, two Carlton players – Doug Fraser and Alex Lang – were both found guilty of bribery, resulting in a suspension lasting 99 weeks each. This record suspension has not been witnessed since; however, North Melbourne player Fred Rutley was reported six times in one match against Geelong in 1925 – two kicking, three striking and one melee – resulting in an 89-week suspension.

AROUND THE GROUNDS

Teams:

Pros and U9's:

Round 12 saw Aranda host the cross over round again with many bright young future stars

enjoying the sunshine and some great fun!

Hey all you U8's, can you pick our Anna from this team photo from when she played?



U11's - Cats 7.12.54 v Wildcats 4.1.25

How exciting! The second win for the year will really have this team celebrating!

U12's –

Rd 12 saw the U12 cats take on the magpies at Aranda on another beautiful sunny day. In our last game against the magpies we were completely dominated at the contest by a harder and hungrier magpies' unit, so was a real focus point heading into the game. The team was challenged to make sure that our attack on the ball and the opposition was at its maximum from the outset of the game, and when challenged, we didn't back down. It was evident from the first contest that the cat's players were ready to go and was extremely pleasing to see that

our attack and hardness couldn't be questioned for the full 4 quarters. The team toiled extremely hard all game but just couldn't turn our forward entry dominance onto goals, with the magpies running out eventual winners.

We play our last game this weekend as we have a bye in the last round, so a big game coming up v Marist to finish the season.

U12's Girls – Belconnen Magpies 4.5.29 v Eastlake 4.2.26

Goals: 1 each to Addi, Amelia, Evelyn & Harriet.

Best: Elsie, Addi, Hannah, Amy, Meredith, Harriet and Belle.

The 12s girls ventured to Hughes Oval in glorious conditions to play our toughest game of the year. Eastlake got the jump on us in the 1st quarter kicking 2 goals and keeping us goalless, a good lesson for the girls with our marking up pretty slack and forwards not in front and working hard enough. Mia took an awesome mark in pack, Blossom great winning footy out of pack and Elsie making repeat efforts to reduce their scoring opportunities.

In the 2nd quarter we improved our game play with Marlie working hard to get to ball first and Amelia crumbing for a good goal. Both teams kicked 1 goal for the quarter.

Coach Grace challenged the girls for the 3rd quarter and our defence led by Mia and Meredith setting up the backs well, and all defence marked up well stopping their scoring opportunities, and rebounding to our forward line. Izzy won several possessions in packs, Charlotte work rate to get to contests to pressure and tackle well, and Belle had some great play taking marks and getting shots on goal. Our mids Harriet, Addi, Amy and Elsie worked super hard to get the ball forward where our forwards led by Hannah had great energy to win the footy and kick 3 goals to nil for the quarter and take the lead.

In the last quarter the Magpies continued to defend well and kept the Demons to one goal and only had limited forward opportunities ourselves, holding on for a 3 point victory and managed to stay undefeated. Evelyn down forward continued to work hard and compete against a much taller and strong rep player and gave us a great contest, and great to see her get a goal. Hannah, Belle, Blossom, Charlotte and Izzy all played their best games of the year.

won one-on-ones with the fullback more often than not!"

U14's – Cats 4.8.32 v Jets 2.8.20

Best players: Brayden, Mitch, Luca, Tyler, Rubin, Dan



U14's Girls – Belconnen Magpies 10.21.81 v Tuggeranong 0.0.0

Best: Elena, Jess, Elspeth, Bernice, Alyssa, Ashley

On Sunday we ventured south to take on Tuggeranong at Mackillop Oval. The sunshine was a very welcome sight, but that breeze straight off the Brindabellas certainly takes your breath away! Our game this week featured a milestone achievement for Elspeth Smith, who played her 100th club game - so it was pleasing that the girls put in another strong performance to help mark the occasion.

The score line doesn't properly reflect just how hard Tuggeranong fought to defend our attacking waves throughout the game, and it wasn't until the second half that we were able to open the game up with quicker ball movement that helped us create some better scoring opportunities.

I'm really proud of how everyone on the team continues to play their role and have an impact on the game when the ball comes their way.

We now head to Stirling Oval this Sunday to play Weston Creek in our second last game of the

home and away season.

U15's Belconnen Magpies – Belco Magies 12.15.87 v Tuggeranong 3.7.25

Best Players: Harry W, Josh, Darcy, Riley X, Sam, Harry C

With the loss of 6 players we topped with some Maggies U14's who were very eager and played an integral part in the win. Everyone played a team game sharing the ball and reaped the rewards.

Spare a thought for Josh who came off injured in the 3rd quarter who was having a blinder (voted in the best) and Michael who played with a broken finger.

We have to go through the same thing again this week and hope to have a couple of Cats U14's play up as well.





U16's Girls – Belconnen Magpies BYE

Although they had a bye Hikari played up with the Rising Stars on Friday night where we went to watch (and the RS Men after). A good fight with Eastlake ended in a draw!

U17's - Cats 9.3.57 v Ainslie 16.5.101

Best Players: Max, Rohan, Harry, Sam, Brodie

Perfect conditions at Reid Oval on Sat as the U17s faced off against Ainslie.

Unfortunately it wasn't perfect from the Cats to start the game as Ainslie came out of the blocks fast and we were scrambling to try and stop their ball movement and entry into the forward 50 and as such it saw Ainslie open up a 4 goal lead going into the first break.

The second qtr was a far more even contest as we were able to get our hands on the football a bit more however Ainslie still went into halftime with a 5 goal lead.

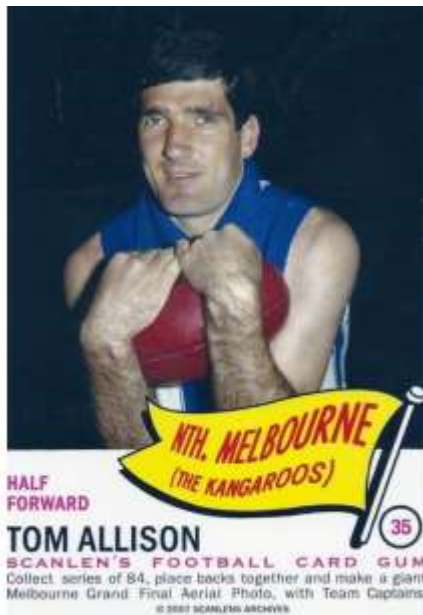
Great effort from our boys in the 3rd qtr to establish a bit of control and move the football and play the style that we are after, we were able to control play and closed the gap to 11 points at 3 qtr time.

It was a bridge to far though with Ainslie kicking away with the wind in the last qtr to run out strong winners. A disappointing loss but we look forward to getting to training this week to reset and continue working hard as we head home to Aranda for the last time this season to face Eastlakes.

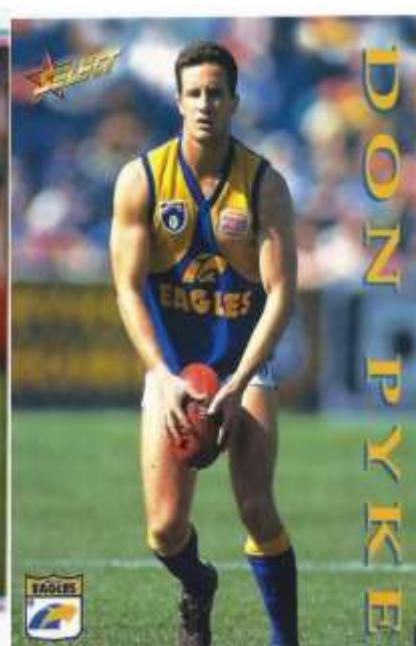
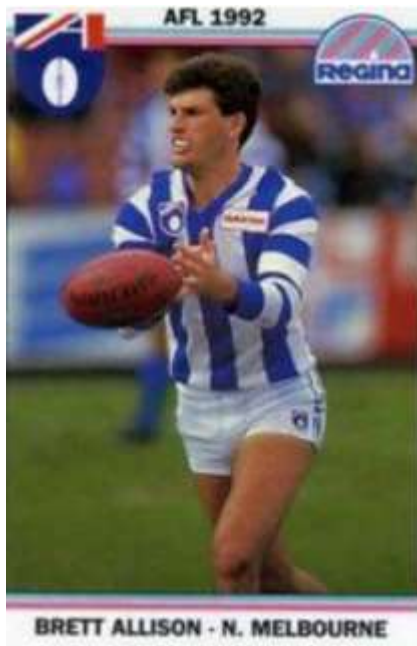


HISTORY OF THE CLUB

Check out these Footy Cards of Belconnen Legends!



Tom Allison, Laurie Moloney and Col Graham all played VFL before coming to play for the Belconnen Football Club.



Brett Allison, Don Pyke and Jack Steele were all Junior Cats.



Matt Lokan Captain/Coached Belconnen in the NEAFL



SPONSOR INFORMATION

The Clubhouse located at [16 Georgina Cres Kaleen](#) (next to the Kaleen Plaza) is providing the Cats with a special “Footy Menu” at discount prices.

This applies to Saturday’s and Sunday’s until 6.00pm. Go down for an after match lunch or early Dinner.

See attached menu at the end of this newsletter – take a photo so you can show it at the counter to verify you are a member of the Cats.



**After Match
MEAL DISCOUNT**

Shares/Entrée

- Crusty Garlic Bread (4pcs) \$9**
Cheesy Crusty Garlic Bread (4pcs) \$12
Chips with Tomato Sauce \$10
Sweet Potato fries with Smokey Aioli \$12
Chicken Wings \$16 Choice of; Lime pepper rub or Szechuan rub
Szechuan Calamari with Salad Entrée \$18

Salads

- Caesar Salad \$20**
Cos lettuce, crispy bacon, egg, crouton, parmesan, Caesar dressing.
Add Chicken \$6, Add Prawns \$8, Add Grilled Steak \$8
Greek Salad Small \$12 Large \$18
Tomatoes, Cucumbers, Spanish Onion, Feta Cheese, Olives and Oregano

The Clubhouse Classics

Get \$5.00 off The Clubhouse Classics meals

- Chicken Schnitzel \$25**
200g Homemade crumbed chicken fillet, chips salad, gravy.
Plant-based Schnitzel available add \$5
Chicken Parmigiana \$28
220g Homemade crumbed chicken fillet, smoked ham, mozzarella, chips salad, gravy.
Fish & Chips \$24
Homemade beer battered fish fillets, chips, Salad, tartare sauce, lemon
Crispy Skin Barramundi Fillet \$30
Chips, Salad, tartare sauce, lemon.
Marinated Grilled Chicken \$28
Chips, Salad, Gravy.
300g Angus Rump Steak \$31
Chips, Salad, Gravy
300g Angus Scotch Fillet Steak \$38
Chips, Salad, Gravy.
Surf me up add \$8, Creamy Garlic Prawns

Pizzas 12"

Ham and Pineapple \$15

Double Smoked shaved ham, pineapple bites, mozzarella, oregano, Parsley

Meat Lovers \$20

Bacon, Pepperoni, Ham, Prosciutto, Caramelised Onion, Parsley, cheese

Margarita \$15

Bocconcini, cherry tomatoes, basil, Grana Padano, balsamic

Gluten free bases available add \$5

Pastas

Choose from Spaghetti or Penne

Bolognese \$15

Traditional bolognese sauce, basil, extra virgin oil, Grana Padano

Carbonara \$15

Bacon, garlic, onion, cream, white wine, parsley parmesan

Add Chicken \$4 or Add Prawns \$6

Burgers

All burgers served with chips

Clubhouse Burger \$15

Wagyu Beef Pattie, Lettuce, Tomato,

Secret sauce.

Vege Burger \$15

Vege Pattie, Lettuce, Tomato, Cheese, Secret sauce.

After Match Drinks

Special

UC Stars Beer of the Day

Valid Saturday/Sunday till 6pm

\$6.00 Schooner \$9.00 Pints

Special

Cider or Ginger beer

of the Day

Valid Saturday/Sunday till 6pm

\$7.00 Schooner

\$10.00 Pints

Special

UC Stars House Wine

of the Day

Valid Saturday/Sunday till 6pm
\$6.00 a glass

**Come on down for our Nightly Specials
after Training**

Follow us on [Facebook](#) for Surprise Special Meals and Other Specials.

Make sure you follow [BelcoCatsafi](#) on Instagram and Facebook. We regularly post updates and news on both of these platforms, so it's a great way to keep up to date with all things Cats related.

NCM

NATIONAL CAPITAL MOTORS





The **COOK
GROCER**



Please support the businesses who support our club

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